



# Almarah Foundation

FEED THE HUNGRY

PARENT THE ORPHAN

EDUCATE PAKISTAN





## **ALMARAH FOUNDATION**

Almarah Foundation, a non- government organization came into being on June 4th, 2021 with a mission to look after the orphans and adopt children who are deprived of the basic necessities of life. In this regard, the inspiration for the organization was Maj (R) Rasheed Warraich, who spent his whole life serving poor and needy people. The incumbent Chairperson of the foundation, Mrs. Sophiya Rasheed is the daughter of late Rasheed Warraich and carrying the legacy of her father.

Almarah Foundation Pakistan came into existence with a mission to work for the welfare of orphans, unattended and homeless children. To look after the kids as per recognized standards, the foundation gives special attention to the health, hygiene, mental health, education of the kids with sports and entertainment provisions. The Almarah foundation has registered with following institutions of Pakistan:

- Punjab Charity Commission
- Ministry of Economic Affairs, Pakistan
- Child Protection bureau, Punjab
- Local Government, Lahore
- Federal Board of Revenue, Pakistan
- Pakistan Centre for Philanthropy
- Home department, Punjab

## **VISION:**

To provide quality education, a home-like environment for orphans and food/grocery to the white-collar families

## **OUR VALUES:**

- Integrity
- Inclusion
- Care
- Empathy
- Compassion

## **OUR MISSION:**

Our mission is to empower dedicated to alleviating hunger and providing free education and healthcare for everyone. We understand the difficult situation that vulnerable children face when they experience violence or become orphaned. Our goal is to increase the adoption efforts to provide them with a better future. By working together, we can make a significant impact and guarantee that all children receive the necessary care, education and opportunities they deserve.

# Gender-Based Lifestyle and How It Can Improve the Lives of Our Girls

The Almarah Foundation is an organization that is committed to improving the lives of young girls by providing them with access to education, shelter and support. We strive to create a nurturing environment at our girls' homes and schools, which empowers them to become confident and successful citizens. Gender-based violence against small girls in Pakistan is a distressing reality, with incidents ranging from physical and sexual abuse to early forced marriages and denial of education. These vulnerable children face heightened risks due to their age and dependency, often falling victim to perpetrators within their own families or communities. Our focus on gender equality and women's empowerment helps us uplift individual lives and contribute to a brighter future. We invite you to join us in our mission to ensure that every girl has the opportunity to fulfill her potential and lead a dignified life.





# چلو ہاتھ بڑھائیں



# Chairperson's Message



My father Maj (R) Rasheed Warraich, initiated the distribution of grocery among the deserving in 1995. After his death in 2009, I Sophiya Warraich and my husband, DIG Mehboob Aslam Lilla, continued this humanitarian service. We provided meal to 700 people daily, distributed groceries to 70 families every month and offered a monthly stipend to over 60 individuals, all from our own pockets. In 2021 we formally registered a foundation named Almarah Foundation. Starting from a single house in Cavalry Ground, Lahore, we began adopting orphaned children. In this short span, we now manage seven houses in Cavalry Ground and two in DHA on a rent basis and currently caring for 200 orphaned children, including 25 young girls. We have named these Houses as "APNA GHAR". These children live in state-of-the-art homes with all necessary amenities, receive high-quality education at Almarah Grammar School (AGS) and engage in evening hockey at Khawaja Junaid Hockey Academy, Gaddafi Stadium Lahore. The foundation's objective is to support every orphaned child in the country. By the grace of Almighty Allah, the owner of Central Park Housing Society has generously donated a 12-Kanal piece of land in Central Park Housing Society. The foundation aims to establish a four-story self-owned housing project for these children. A design for this project has been finalized. We now need funds to complete the children's complex. Your contribution towards this noble cause would be immensely appreciated. From its inception, the foundation has announced that anyone, whether donating or not, has the right to audit the foundation at any time.

Regards,

**Chairperson Almarah Foundation, Sophiya Warraich**

# OUR PROGRAMS

## PARENT THE ORPHAN PROGRAM

This program revolves around foundations vision that  
*“Every child should be raised with fair treatment, dignity,  
security, love and compassion”*

The program commenced in 2021 when a state-of-the-art Orphanage Adoption Center was started in cavalry ground, Lahore where Almarah Foundation began to provide following in-house facilities to few orphan kids, both male and female, aging from 02 to 11 years old.

We're parents of 200 orphan children who are housed in the 9 different locations of Lahore and providing them top notch facilities and care like, just like any other well settled child. The foundation commitment to caring of these children is apparent in the quality of education and health services provided to them.

The facilities ensured at the houses include:

- Furniture and Fixers
- In house Medical Facility
- In house Education Facility
- Availability of full-time Psychologist
- Provision of Quran Teacher
- Library
- Vehicle for Transportation
- Prayer Hall
- Play Ground
- Co-Curricular Activities
- Educated and Trained Staff
- Shelter
- Clothing
- Quality Education
- Nutritious meals
- Healthy & hygienic life



# اپنا گھر









# FEED THE HUNGRY

This program is serving society by providing food assistance to the needy and marginalized sections of the population. Currently the foundation is providing meals to 700 individuals on daily basis. Most of beneficiaries belong to lower income section of society like, daily wagers (laborers), security guards, petrol pump operators etc.







# ORPHAN FAMILY SUPPORT PROGRAM

The purpose of Orphan Family Support Program is to provide support to the families of those children who lost either one or both of their parents and have lost a vital source of financial support. The OFSP is for the orphan children of underprivileged background. Under this program, the orphan children selected for provision of financial support continue to live with their mothers or a guardian in the case of the death of both parents. This program provides necessary financial support for educational and other day to day expenditures of the household for the orphan children aged 18 or below. The program's primary focus is women/girls old people aiming at providing assistance at their door step. Currently, Almarah Foundation is Distributing groceries to 70 families every month and financial (cash) help to 60 individuals.



# EDUCATE PAKISTAN PROGRAM

Almarah foundation has a vision that every child deserves fair treatment, dignity, love and equal opportunities. To provide education to the underprivileged children, the foundation has commenced with an education system by opening a school, Almarah Grammar School (AGS), offering education classes initially from Playgroup to 8th grade offering state of the art facilities to the children including a group of trained teachers, professionally designed curriculum, plethora of learning activities, and alluring learning environment.



**ALMARAH**  
GRAMMAR SCHOOL

**ALMARAH**  
**GRAMMAR**  
**SCHOOL**  
A project of  
ALMARAH FOUNDATION

### IDENTIFYING THE SIX AREAS OF LEARNING

- Personal, Social and Emotional development
- Communication, Language and Literacy
- Mathematical development
- Knowledge and Understanding of the World
- Physical development
- Creative development

### OUR GOAL

- To inculcate a sense of humanity
- To develop social skills
- To encourage children to think, reason, question and experiment
- To consolidate Mathematical concepts through stimulating class activities.
- To reinforce language by emphasizing on four basic skills of oral comprehension; listening, speaking, reading and writing.

**Almarah Grammar School, 132/B Rajpoot Town, Canal Road, Lahore**





**Students of Almarah Foundation**



# Impacts

## Almarah Foundation

### Creating or Aiming to Create in Future

#### Focusing on Hunger and Poverty

The foundation provides daily meals to over 700 individuals from lower income sectors. By addressing the basic need for food, the foundation not only alleviates hunger but also supports the overall well-being of these individuals and their families. Additionally, the foundation supports white-collar families by providing them with monthly stipends of Rs.25,000.

#### Parenting / Caring the Orphans

By managing nine homes and accommodating 200 children, the foundation not only ensures their physical needs such as shelter, clothing and nutritious meals but also prioritizes their education and health.

#### Promoting Education

The Almarah Foundation establishes affordable yet high-quality educational institutes for the orphans and the children of needy families. By offering high standard education, the foundation empowers children from underprivileged backgrounds to break the cycle of poverty and become successful citizens.

#### Long-term Vision

The Almarah Foundation's long-term vision of consolidating educational and residential requirements for underprivileged children under a single, comprehensive roof signifies a commitment to sustainable impact. By seeking support for this ambitious attempt, the foundation aims to expand its reach and positively impact even more lives in the future.

# Children Complex

The Almarah Foundation is actively constructing a children complex tailored to the needs of orphaned children, recognizing the pressing demand spurred by the rapid increase in their numbers. This complex serves as a crucial sanctuarie, providing not only shelter but also comprehensive support and care to children facing abandonment and loss. With the alarming rise in the population of orphaned and abandoned children, the foundation's efforts to expand such complexes are timely and essential, aiming to alleviate the plight of these vulnerable youngsters and offer them a nurturing environment for growth and development.



3D Model of Almarah Foundation Children's Complex "APNA GHAR"



# CONSTRUCTION OF COMPREHENSIVE CHILDREN'S COMPLEX

The problem of orphan / street children is acute due to urbanization and industrialization. Due to the deaths of parents, re-marriage of deserted / widowed / divorce women, absence of love and security in the families and family disputes. These orphan and street children are left without care and support. These children are involved in rag picking; pick pocketing and participating in anti-social, criminal activities and letter on in sex abuse. In this project, 212 number of Orphan, Semi Orphan and Street Children will be catered. Therefore, we envisaging mainstreaming these children in the national building by providing care, support and protection in our orphan children homes "APNA GHAR". Almarah foundation is acquired a 12-Kanal piece of land to cater educational and residential needs of all these under privileged children under one roof. This dream is too big for us in our capacity and we need support of your kindness and humane approach towards these deserving children.





# How it will be beneficial for the children

The Almarah Children's Complex is not just a safe and fostering environment for children but also a place where they can grow and develop. The complex caters to their educational, healthcare and socio-cultural needs with the aim of empowering them to become productive members of society. Additionally, it serves as a symbol of hope and compassion, highlighting the importance of kindness and humanitarianism in our communities.



# FEATURES OF ALMARAHA CHILDREN'S COMPLEX

- Academic Block
- Administrative Block
- Basic health unit
- Soft Skill Centre
- Accommodations for Staff Members
- Sports Complex and Grounds
- Cultural Integration Spaces
- Transportation, Security and Maintenance Rooms
- Library & R&D Center
- Science Labs
- Art & Design Studios
- Conference Room & Auditorium
- Guest Rooms & Prayer Spaces
- Staff Amenities & Laundry Facilities

# Certified By



Pakistan Centre  
for Philanthropy



CERTIFICATE OF INCORPORATION  
OF A  
PRIVATE LIMITED COMPANY



CHILD PROTECTION  
& WELFARE BUREAU  
GOVERNMENT OF PUNJAB

# MOUs



CHUGHTAI LAB  
HOMECARE 24/7



AL MUSTAFA

# DONATE NOW



## Faysal Bank Limited

Account title: ALMARAH FOUNDATION  
Account Number: 3547301000002063  
IBAN: PK63FAYS3547301000002063  
Branch Code: 3547  
Swift code: FAYSPKKA

## United Bank Limited

Account title: ALMARAH FOUNDATION  
Account Number: 289906918  
IBAN: PK54UNIL0109000389906918  
Branch code: 1121  
Swift code: UNILPKKA

## National Bank of Punjab

Account title: ALMARAH FOUNDATION  
Account Number: 3002565431  
IBAN: PK80NBPA2142003002565431  
Branch Code: 2142

## Soneri Bank Limited

Account title: ALMARAH FOUNDATION  
Account Number: 20010876495  
IBAN: PK76SONE0025320010876495  
Branch code: 0253  
Swift code: SONEPKKALHR



## JS Bank

Account title: ALMARAH FOUNDATION  
Account Number: 1828004  
IBAN: PK65JSBL9561000001828004  
Branch Code: 9561  
JS Bank Swift Code: JSBLPKKA



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